

## St. John's Lunch Menu



<b>GRANT RECIPIENT</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In addition to our daily entrée we					
also offer PB&J Crustable w/string	29	30	1	2	3
cheese or Bagel w/Cream Cheese	Tacos	Orange Chicken		Chicken Patty Sandwich	Macaroni & Cheese
& String Cheese or Peanut Butter.	Mexican Rice	Eggroll/Rice	Pizza Day!	Pasta Salad	Green Beans
	a variety of fruits and vegetables	a variety of fruits and vegetables			
	offered daily from the salad bar	offered daily from the salad bar			
Condiments offered with lunch are					
Ketchup, Mustard, Taco Sauce and	Second Choice	Second Choice		Second Choice	Second Choice
Salad Dressings.	Hot dogs	Chicken Tenders		French Toast Sticks	Bosco Sticks
<b>3</b>		-			
	6	7	8	9	10
	Sloppy Joes	Breaded Drumstick	DI774 DAVI	Spaghetti w/Meatballs	Ham & Cheese Slider
Fruits Grains Dairy	Coleslaw	Tater Tots	PIZZA DAY!	Garlic Bread	Broccoli Salad
Grains	a variety of fruits and vegetables	a variety of fruits and vegetables			
Vegetables	offered daily from the salad bar	offered daily from the salad bar			
Protein					
	Second Choice	Second Choice Chicken Tenders		Second Choice French Toast Sticks	Second Choice Bosco Stick
	Hot dogs	Chicken Tenders		French Toast Sticks	BOSCO SLICK
Choose <b>MyPlate</b> .gov	13	14	15	16	17
	Pretzel Bites	Grill Cheese	15	Cheeseburger	Cereal
Must have 3 of the 5 to be a	w/Cheese	Cheezits	PIZZA DAY!	Tater Tots	Egg/Yogurt
Complete nutritional lunch	a variety of fruits and vegetables	a variety of fruits and vegetables	fruits and	fruits and	fruits and
oompiete natritional lanen	offered daily from the salad bar	offered daily from the salad bar	vegetables offered daily	vegetables offered daily	vegetables offered daily
Water or Milk Choice of 2%	choice daily norm the called bei	chorod daily norm the balad bal	vegetables energe daily	vegetables effered daily	vegetables encied daily
Water or Milk Choice of 2% White or Chocolate	Second Choice	Second Choice		Second Choice	Second Choice
are included with Lunch	Hot dogs	Chciken Tenders		French Toast Sticks	Bosco Sticks
	hot dogo				
LUNCH PRICES	20	21	22	23	24
Elementary \$3.15	Pancake Sandwich	Mini Corn Dogs		Nachos	
Reduced \$0.50	Yogurt	Sweet Potato	PIZZA DAY!	Corn	No
Additional Milk \$0.60	a variety of fruits and vegetables	School			
Additional Entrée \$1.00	offered daily from the salad bar				
	Second Choice	Second Choice		Second Choice	Second Choice
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	Hot dogs	Chicken Tenders		French Toast Sticks	
Free & Reduced-Meal forms	27	28	29	30	31
can be obtained online or		Breakfast Sandwich		Chicken Wrap	Chicken Alfredo
from both school offices at anytime throughout	No	Hashbrown	PIZZA DAY!	Cheezits	Garlic Bread
the school year.	School	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables	a variety of fruits and vegetables
		offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar	offered daily from the salad bar
To check the balance in your					
account and for additional	Second Choice	Second Choice		Second Choice	Second Choice
information contact		Chicken Tenders		French Toast Sticks	Bosco Sticks
Amy Kaiser at 517-784-1714 or					1
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517-784-1714 or Email:akaiser@myjacs.org

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