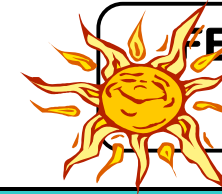


St. John's/JCMS Lunch Menu



**FEBRUARY
2010**

 Prepared From Scratch

 Vegetarian Entrée

If you have suggestions on how to improve our lunch program please let Amy Kaiser know. We are here for your children.

Dates to Remember:

2/1-2/5 Catholic Schools Week

2/12 No School

2/15 No School

2/17 Ash Wednesday



Milk Choice of 2%
White & Chocolate
are included with Lunch












LUNCH PRICES

Elementary/JCMS \$3.25
Reduced \$0.40
Additional Milk \$0.50
Adult \$4.00

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

Free & Reduced-Meal forms can be obtained from both school offices at any time throughout the school year.

To check the balance in your account and for additional information contact
Amy Kaiser @
571-784-7911 or
Email: sjscafeteria@gmail.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mexican Pizza Refried Beans Corn Salad Fruit/Milk Cinnamon Chips	2 Chicken N' Biscuits  Salad Fruit Milk Cookie	3 Pizza Day! Pepperoni/Cheese/Veg  Fruit/Vegetable Milk	4 Eat Lunch  with Parents or Grandparents	5 Chicken Noodle Soup  PBJ Rollup Salad Fruit/Milk Zucchini Cupcakes
8 Cheeseburger Ranch Potatoes Cucumbers Fruit/Milk Yogurt	9 Taco Soup  Corn Chips Salad Fruit/Milk Banana Cake	10 Pizza Day! Pepperoni/Cheese/Veg  Fruit/Vegetable Milk	11 Chicken Tenders Broccoli Rice Casserole Fruit Milk Brownie	12 NO SCHOOL
15 NO SCHOOL	16 Rotini W/ Meat Sauce  Bread Stick Caesar Salad Fruit/Milk Cookie	17 ASH WEDNESDAY Pizza Day! Pepperoni/Cheese/Veg  Fruit/Vegetable Milk	18 Tacos Spanish Rice Corn Fruit/Milk Chocolate Pudding	19 Egg & Cheese Bagel Pasta Salad Baked Chips Fruit/Milk Cookie
22 Nachos  Refried Beans Corn Fruit/Milk Banana Pudding	23 Honey Lemon Chicken Mashed Potatoes Mixed Vegetable Fruit/Milk Cookie	24 Pizza Day! Pepperoni/Cheese/Veg  Fruit/Vegetable Milk	25 Vegetable Beef Soup  Turkey Wrap Salad Fruit/Milk Brownie	26 Veggie Chili Corn Bread Salad Fruit/Milk Applesauce Cake

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